

OPTIONAL RETREAT ACTIVITIES

TUESDAY, APRIL 29 (Note: Locations & Times may change)

1:30pm **The Rev. Dr. Bertice Berry** **Ladies Parlor**
Deacon Gathering with The Rev. Dr. Bertice Berry

The deacons are invited to gather with The Rev. Dr. Bertice Berry to engage in conversation and collegial support surrounding the diaconate.

1:30 – 4:15pm **Restorative Massage Therapy** **Hall B**
15-Minute Chair Massages by RMT - Cost \$20

“Our Licensed Massage Therapists strive to bring you the finest massage experience for your event. Each of our therapists have different specialties and years of experience. Restorative Massage Therapy (RMT) in Harrisonburg, VA has been in business since 2016.” We will have five massage therapists available.

1:30pm- 3:00pm **Ted Smith** **2nd Fl. - TBD**
TED Talk

The TED Talk session will now be a one-on-one discussion, with each session lasting 15 minutes. Sessions will be available between 1:30 PM and 3:00 PM. Sign-up sheet available at check-in. **Limit 6 participants.**

1:45 – 3:15pm **Shirley Smith Graham** **Massanutten**
Congregational Vitality Questions and Collaborative Conversation

Our Ministry of Congregational Vitality helps churches of all sizes be faithful, skillful, and joyful congregations that love Jesus, embody justice, and grow disciples. But sometimes we're stumped on a challenge. We will make space for clergy who would like to present a question and get some helpful ideas using resources from the College for Congregational Development and the Lombard Mennonite Peace Institute as well as other sources. This session is intended for people who are willing to present a question and contribute ideas. Group norms will be provided. **Limit 12 participants.**

2:00 - 2:45pm **Will Dickinson** **Ballroom**
“How to Make Friends And Influence No One”

How we pursue friendships with colleagues inside the church and out is key to congregational development and revival but isn't something we usually name as a tool or practice. We'll discuss how thoughtful, practical friend-making can magnify the Gospel, support our ministry, and give us space to be human. **No limit.**

2:00p – 3:30pm **Canon Lee Hill** **Allegheny**
Jesus and Justice: A Workshop for Preachers

This workshop is designed for clergy who are committed to preaching about justice and are seeking to improve their homiletical skills in this crucial area. We will explore the rich biblical tradition of justice, engage diverse theological perspectives, and hone homiletical techniques to deliver powerful and transformative messages of love and hope. Participants are requested to prepare a 4-minute homily on a topic of their choice related to justice. This homily will be shared within a small group setting for peer feedback. **Space is limited to 16 participants** to ensure a focused and supportive learning environment.

1:30 - 2:30pm

Bishop Stevenson & Bishop Harris

Hall A

LGBTQIA+ Clergy are invited to gather with Bishop Stevenson and Bishop Harris for conversation and support. **No limit.**

3:00 - 4:00pm

Bishop Stevenson & Bishop Harris

Hall A

Supporting Our LGBTQIA+ Clergy: All clergy are invited to learn more about supporting the LGBTQIA+ Clergy Community in our diocese. **No limit.**

OFFERED BY SHRINE MONT:

Cross Hike/North Mountain Hike

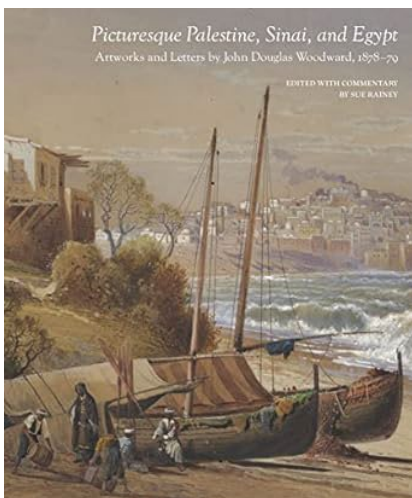
Enjoy God's creation, get outdoors and enjoy hiking alone or with a group. Wear comfortable shoes and maybe a walking stick! If you need a snack or a water bottle, ask at the hotel front desk.

Shrine Mont History Tour

Learn the ins and outs of how Shrine Mont began 100 years ago! Meet at the Cathedral Shrine of the Transfiguration to begin your adventure. The tour will be led by Kirk Gibson.

Fly Fishing: Casting & Fly Tying

Fly fishing is known to be a stress reducer. Enjoy time on the hotel pond casting and praying for a rainbow trout to nip your line! If you're lucky and want us to cook up your feast, let the front desk know. We stocked rainbow trout in March for Fly Fishing programs in April, so get fishing! Free class.



Join Shrine Mont art historian Sue Rainey in a conversation about the artist John Douglas Woodward's travels in the Holy Land in 1878 and '79. Sue's new book: *Picturesque Palestine, Sinai and Egypt: Artworks and Letters by John Douglas Woodward, 1878-1879* concerns the artist's trips to illustrate D. Appleton and Co.'s *Picturesque Palestine, Sinai and Egypt*. Woodward, at the time a young, but very prominent, book and magazine illustrator, was the uncle of Shrine Mont's founder, Dr. Edmund Woodward, and his drawings for this project are owned by Shrine Mont.

Ms. Rainey's talk will be on Tuesday April 29 in Art Hall at Shrine Mont. Her book will be available to purchase. \$45.00