

## April 27-29, 2026 | Agenda

### Spring Clergy Retreat - The Journey Joy: Back from Emmaus

The Right Rev. Robert Wright, 10<sup>th</sup> Bishop of Atlanta

#### MONDAY, April 28

3:00	5:00	Check-in/ Refreshments	Hotel Porch
5:00	6:00	Dinner	Dining Hall   2nd floor
6:00	6:50	Bishop's Welcoming Remarks and Fireside Chat with Bishops	Ballroom   3rd floor
7:00		Bishop Wright – Reflection Compline	Ballroom   3rd floor Ballroom   3rd floor

#### TUESDAY, April 29

8:00	8:45	Breakfast	Dining Hall   2nd floor
8:45	9:00	Morning Prayer	Ballroom   3rd floor
9:00	11:00	Bishop Wright <i>Bishop Wright to offer two reflections with time for individual and group reflection</i>	Ballroom   3rd floor
11:00	12:30	Free Time	
12:30	1:30	Lunch	Dining Hall   2 <sup>nd</sup> floor
1:30	4:00	Free Time (see below for available activities)	
4:00	5:00	Eucharist	Ballroom   3rd floor
5:00	5:45	Reception	Lobby of Hotel
6:00	7:30	Family Style Dinner	Tucker
7:30 PM		Collegial Conversations Continue	Lobby of Hotel

#### WEDNESDAY, April 30

8:00	9:00	Breakfast	Dining Hall   2nd floor
9:00	9:15	Morning Prayer	Ballroom   3rd floor
9:15	10:45	Bishop Wright	Ballroom   3rd floor
12:00		Lunch - Departure	Dining Hall   2nd floor

## Spring Clergy Retreat

**MONDAY, April 27**

- |                |  |                    |
|----------------|--|--------------------|
| <b>2:00 pm</b> | <b>Regional Deans Meeting</b>  | <b>Alleghany</b>   |
| <b>3:00 pm</b> | <b>Episcopal Relief and Recovery</b><br>Episcopal Relief & Recovery, a 12-step gathering for clergy. | <b>Massanutten</b> |

**TUESDAY, April 28**

The following opportunities are provided to provide creative means for spiritual nurture individually or in community.

- |  |   |                              |
|--|---|------------------------------|
| <b>1:30pm</b>  | <b>Those Who Sing Well Pray Twice</b>                 | <b>Ballroom</b>              |
| Through his writings, St. Augustine of Hippo wrote broad reflections related to singing with praise. Perhaps this is why the phrase, "Those who sing well pray twice" is often attributed to him. Join Dr. Michael Ross, Music Minister at Grace Church, Goochland and other clergy colleagues for choir practice. You will rehearse an offertory anthem that will be provided at Tuesday's Eucharist. |   |                              |
| <b>2:00pm</b>  | <b>Artistic Expressions: Paint and Sip / Coloring</b> | <b>Hall House A</b>          |
| "Art washes away from the soul the dust of everyday life." — Pablo Picasso. Shed away the trials and tribulations of the world. Join others in Hall House A to explore various opportunities for artistic expression.  |   |                              |
| <b>2:30pm</b>  | <b>Body, Mind, and Spirit</b>                         | <b>Ladies Parlor</b>         |
| Lisen will offer a gentle, accessible yoga class. Those interested are invited to bring yoga mats or you may choose to enjoy modified yoga using a chair. Varied abilities and experience levels welcome.  |   |                              |
| <b>2:30pm</b>  | <b>The Mountains are Calling</b>                      | <b>Meet Ted on the porch</b> |
| For those who appreciate a more vigorous opportunity, join Ted Smith on the porch for a guided mountain hike. It is recommended to bring sunscreen, bug spray, and appropriate hiking shoes.   |   |                              |
| <b>1:30pm</b>  | <b>Release the Stress</b>                             | <b>Hall House B</b>          |
| We will have five chair massage therapists on hand, each offering a variety of techniques and specialties, including deep tissue, Swedish, sports massage, relaxation, healing touch, Cranial Sacral Flow, and Neurological Release. Sign-up sheets will be available at check-in.   |   |                              |

### On your Own:

- **Journaling:** Participants will receive journals at registration for use during the retreat.
- **Meditation, Napping**